## WELL DONE!

Ryan Humphries

## 2XU Triathlon - Sprint <br> 15-19

$$
\begin{aligned}
& \text { Swim: } 00: 09: 39 \\
& \text { T1: } 00: 04: 01 \\
& \text { Cycle: } 00: 36: 12 \\
& \text { T2: } 00: 01: 21 \\
& \text { Run: } 00: 22: 38 \\
&
\end{aligned}
$$

Category Rank: 10 / 30

Race 2 | Brighton
11 December 2022


Race 1 | Elwood 27.11.22
Race 2 | Brighton 11.12.22
Race 3 | St Kilda 15.01.23

Race 4 | Sandringham 12.02.23
Race 5 | Elwood 05.03.23
Race 6 | St Kilda 26.03.23


