

# 2XU TRIATHLON SERIES 2024

**WELL DONE!**

**Rachel HOOK**

## 2XU Triathlon - Sprint Solo First Timer

Swim: 00:18:56

T1: 00:07:28

Bike: 00:48:57

T2: 00:02:56

Run: 00:31:05

**01:49:24**

11 / 31

**Race 4 | Sandringham 11 February 2024**

**6 RACES**

**Race 1 | Elwood 26.11.23**

**Race 4 | Sandringham 11.02.24**

**Race 2 | Brighton 10.12.23**

**Race 5 | Elwood 03.03.24**

**Race 3 | St Kilda 14.01.24**

**Race 6 | St Kilda 24.03.24**

TWO TIMES YOU

**2XU**

**O2EVENTS**

**sis**  
SCIENCE IN SPORT

**ENGINE**

**T3 #trishop**

**TRI-ALLIANCE**  
#trainingwithpurpose

Proudly supporting  
**Beyond Blue**

platinumphysio  
healthcare and fitness

**AUS TRIATHLON**

