

# 2XU TRIATHLON SERIES 2024

**WELL DONE!**

Lara DAWSON

## 2XU Triathlon - Sprint Solo 15-19

Swim: 00:13:33

T1: 00:04:02

Bike: 00:36:56

T2: 00:02:15

Run: 00:18:47

**01:15:34**

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Race 4 | Sandringham 11 February 2024

**6 RACES**

Race 1 | Elwood 26.11.23

Race 4 | Sandringham 11.02.24

Race 2 | Brighton 10.12.23

Race 5 | Elwood 03.03.24

Race 3 | St Kilda 14.01.24

Race 6 | St Kilda 24.03.24

TWO TIMES YOU

**2XU**

**O2EVENTS**

**sis**  
SCIENCE IN SPORT

**ENGINE**

**T3 #trishop**

**TRI-ALLIANCE**  
#trainingwithpurpose

Proudly supporting  
**Beyond Blue**

platinumphysio  
healthcare and fitness

**AUS TRIATHLON**

