

**AUSTRALIAN  
ALPINE ASCENT 3.113.22**

*Mount  
Kosciuszko*

*Congratulations!*

**Rob DENDLE**

**FOR COMPLETING THE EXTREME DISTANCE TRIATHLON**

*As part of the Australian Alpine Ascent 12 March 2022*

**00:38:23**

3KM SWIM SPLIT

**04:08:11**

113KM BIKE SPLIT

**01:49:14**

22KM RUN SPLIT

**06:43:19**

OVERALL TIME

**30-39**

CATEGORY

**1**

CATEGORY PLACING

**4**

OVERALL PLACING

