

**AUSTRALIAN  
ALPINE ASCENT** 3.113.22

Mount  
Kosciuszko

*Congratulations!*

James BONAMY

**FOR COMPLETING THE EXTREME DISTANCE TRIATHLON**

*As part of the Australian Alpine Ascent 12 March 2022*

00:38:20

3KM SWIM SPLIT

04:54:53

113KM BIKE SPLIT

02:23:33

22KM RUN SPLIT

08:07:16

OVERALL TIME

40-49

CATEGORY

4

CATEGORY PLACING

20

OVERALL PLACING

