

# Congratulations!

John OH

FOR COMPLETING THE EXTREME TRIATHLON DISTANCE

*As part of the Australian Alpine Ascent 15 March 2024*

01:09:40

3KM SWIM SPLIT

05:41:27

113KM BIKE SPLIT

03:02:23

22KM RUN SPLIT

10:10:39

OVERALL TIME

50-54

CATEGORY

2

CATEGORY PLACING

26

OVERALL PLACING