

Congratulations!

Paul HUMPHREYS

FOR COMPLETING THE STANDARD TRIATHLON DISTANCE

As part of the Australian Alpine Ascent 15 March 2024

00:33:34

1.5KM SWIM SPLIT

02:09:33

40KM BIKE SPLIT

01:04:14

10KM RUN SPLIT

03:57:06

OVERALL TIME

40-49

CATEGORY

3

CATEGORY PLACING

15

OVERALL PLACING