

Congratulations!

Joe SPRANGE

FOR COMPLETING THE STANDARD TRIATHLON DISTANCE

As part of the Australian Alpine Ascent 15 March 2024

00:36:43

1.5KM SWIM SPLIT

01:54:51

40KM BIKE SPLIT

00:57:05

10KM RUN SPLIT

03:30:15

OVERALL TIME

40-49

CATEGORY

2

CATEGORY PLACING

7

OVERALL PLACING