



## Congratulations!

## Joe SPRANGE

## FOR COMPLETING THE STANDARD TRIATHLON DISTANCE

As part of the Australian Alpine Ascent 15 March 2024

00:36	6:43	01:54:51	00:57:05		03:30:15	
1.5KM SW	IM SPLIT	40KM BIKE SPLIT	10KM RUN SPLIT		OVERALL TIME	
	40-49		2		7	
CATEGORY		CATEGORY PLACING C		OVERALL PLACING		











