

# CONGRATULATIONS!

Bron ADAMS

FOR COMPLETING THE SPRINT DUATHLON

*As part of the Canberra Duathlon 17<sup>th</sup> June 2023*

00:25:19

5KM RUN

00:41:30

20KM BIKE

00:12:19

2.5KM RUN

01:22:11

OVERALL RACE TIME

50-54

CATEGORY

2

CATEGORY PLACING

20

OVERALL PLACING