

CONGRATULATIONS!

Ellen GLENNAN

FOR COMPLETING THE STANDARD DUATHLON

As part of the Canberra Duathlon 17th June 2023

00:46:56

10KM RUN

01:15:32

40KM BIKE

00:24:05

5KM RUN

02:29:38

OVERALL RACE TIME

50-54

CATEGORY

2

CATEGORY PLACING

96

OVERALL PLACING