

# CONGRATULATIONS!

Julie KAEL

FOR COMPLETING THE STANDARD DUATHLON

*As part of the Canberra Duathlon 17<sup>th</sup> June 2023*

00:55:05

10KM RUN

01:18:34

40KM BIKE

00:29:21

5KM RUN

02:46:44

OVERALL RACE TIME

50-54

CATEGORY

4

CATEGORY PLACING

136

OVERALL PLACING