



10 September 2023



**LISA YATES**

**Slow and Steady**

Finished the

**10KM Recreational Walk**

Time

**01:52:52**

Overall place

**175**

Gender

**Female**

Gender place

**148**

Category

**Masters 50 and over**

Category place

**64**

Becs Adlam, Race Director



**CAVERSHAM**  
HARRIER & ATHLETIC CLUB