



# 2023 FINISHER

# CONGRATULATIONS!

Ryan Lonsdale

FOR COMPLETING THE ULTIMATE TRIATHLON

*As part of the Shimano Husky Triathlon Festival 26th Feb 2023*

00:33:38

1.9KM SWIM SPLIT

02:51:45

90KM BIKE SPLIT

02:01:38

21.1KM RUN SPLIT

05:34:05

OVERALL TIME

40-44

CATEGORY

36

CATEGORY PLACING

315

OVERALL PLACING

SHIMANO



Peoplecare

POWERADE

HOKA

ZOGGS

Revvies  
ENERGY STRIPS

fisiocrem



HUUB

Shoalhaven  
SOUTH COAST NSW



TRI365  
COM.AU