

CONGRATULATIONS!

Lyall SMYTH

FOR COMPLETING THE STANDARD TRIATHLON

As part of the Hawks Nest Triathlon 25th Nov 2023

00:10:48

1.5KM SWIM SPLIT

00:56:33

40KM BIKE SPLIT

00:39:05

10KM RUN SPLIT

01:48:39

OVERALL TIME

3539

CATEGORY

1

CATEGORY PLACING

2

OVERALL PLACING