



GWM
IRONMAN
70.3 MELBOURNE

12 NOV 2023

FINISHER Thomas FRISKEN

SWIM 00:16:22 **BIKE** 02:16:56 **RUN** 01:26:29 **OVERALL** 04:04:51

AGE GROUP 25-29 **AGE GROUP RANKING** 12 **OVERALL RANKING** 67

ANYTHING IS POSSIBLE