



**GWM**  
**IRONMAN**  
**70.3** MELBOURNE

12 NOV 2023

**FINISHER** TEAM Poidas

**SWIM** 00:17:40 **BIKE** 02:34:36 **RUN** 01:38:36 **OVERALL** 04:36:07

**AGE GROUP** Relay **AGE GROUP RANKING** 10 **OVERALL RANKING** 20

**ANYTHING IS POSSIBLE**