



**GWM**  
**IRONMAN**  
**70.3** MELBOURNE

12 NOV 2023

**FINISHER** TEAM Empty Nesters (Almost)

**SWIM** 00:18:24 **BIKE** 02:48:59 **RUN** 01:58:13 **OVERALL** 05:11:10

**AGE GROUP** Relay **AGE GROUP RANKING** 23 **OVERALL RANKING** 36

**ANYTHING IS POSSIBLE**