

IRONMAN®

nelson mandela bay SOUTH AFRICA
AFRICAN CHAMPIONSHIP

FINISHER

Gareth CHAPPLE

SWIM

00:13:01

BIKE

06:48:12

RUN

04:27:33

OVERALL

11:37:26

AGE GROUP

35-39

AGE GROUP
RANKING

62

OVERALL
RANKING

317

RACE DIRECTOR,
MICHELE DALTON



OPERATION DIRECTOR,
PAUL WOLFF



MANAGING DIRECTOR,
KEITH BOWLER



SUNDAY, 21 NOVEMBER 2021