

# CONGRATULATIONS!

**Chris COOPER**

FOR COMPLETING THE NEPEAN DISTANCE TRIATHLON

*As part of the Nepean Triathlon 7<sup>th</sup> April 2024*

00:23:18

1KM SWIM SPLIT

01:13:20

30KM BIKE SPLIT

01:39:05

8KM RUN SPLIT

03:25:57

OVERALL TIME

70-74

CATEGORY

7

CATEGORY PLACING

293

OVERALL PLACING