

## **CONGRATULATIONS!**

## Melissa WHISHAW

## FOR COMPLETING THE TRY A TRI TRIATHLON

As part of the Hawks Nest Triathlon 25th Nov 2023

00:08:32

00:23:29

00:11:11

00:48:33

200M SWIM SPLIT

7.5KM BIKE SPLIT

2KM RUN SPLIT

**OVERALL TIME** 

Open

3

3

**CATEGORY** 

CATEGORY PLACING

**OVERALL PLACING** 





















