

# CONGRATULATIONS!

**Kate STEPHENS**

**FOR COMPLETING THE SPRINT DISTANCE TRIATHLON**

*As part of the Wollongong Triathlon Festival 21<sup>st</sup> April 2024*

00:15:30

750M SWIM SPLIT

00:43:20

20KM BIKE SPLIT

00:26:57

5KM RUN SPLIT

01:34:31

OVERALL TIME

30-34

CATEGORY

23

CATEGORY PLACING

409

OVERALL PLACING