

# CONGRATULATIONS!

**Colin MANNING**

**FOR COMPLETING THE SPRINT DISTANCE TRIATHLON**

*As part of the Wollongong Triathlon Festival 21<sup>st</sup> April 2024*

00:11:36

750M SWIM SPLIT

00:40:57

20KM BIKE SPLIT

00:25:37

5KM RUN SPLIT

01:25:43

OVERALL TIME

30-34

CATEGORY

34

CATEGORY PLACING

251

OVERALL PLACING