

# CONGRATULATIONS!

Sarah NASH

FOR COMPLETING THE SUPER SPRINT DISTANCE TRIATHLON

*As part of the Wollongong Triathlon Festival 21<sup>st</sup> April 2024*

00:04:16

200M SWIM SPLIT

00:16:39

10KM BIKE SPLIT

00:11:12

2KM RUN SPLIT

00:38:32

OVERALL TIME

40-49

CATEGORY

4

CATEGORY PLACING

81

OVERALL PLACING