

# TRI THE GONG

SWIM. BIKE. RUN.

## 2023 FINISHER

# CONGRATULATIONS!

## Kassidy WHITE

FOR COMPLETING THE SPRINT DISTANCE TRIATHLON

*As part of the Wollongong Triathlon Festival 23<sup>rd</sup> April 2023*

00:13:12

750M SWIM SPLIT

00:42:50

20KM BIKE SPLIT

00:24:41

5KM RUN SPLIT

01:26:04

OVERALL TIME

20-24

CATEGORY

11

CATEGORY PLACING

269

OVERALL PLACING