

# CONGRATULATIONS!

John STEENHOF

FOR COMPLETING THE SPRINT DISTANCE TRIATHLON

*As part of the Batemans Bay Triathlon Festival 25<sup>th</sup> March 2023*

00:11:39

600M SWIM SPLIT

00:50:27

25KM BIKE SPLIT

00:30:03

5KM RUN SPLIT

01:38:08

OVERALL TIME

45-49

CATEGORY

8

CATEGORY PLACING

182

OVERALL PLACING