

## CONGRATULATIONS!

Darren OSLAND

FOR COMPLETING THE SPRINT TRIATHLON

*As part of the Hawks Nest Triathlon 25th Nov 2023*

00:08:02

750M SWIM SPLIT

00:59:03

20KM BIKE SPLIT

00:34:20

5KM RUN SPLIT

01:47:13

OVERALL TIME

4044

CATEGORY

17

CATEGORY PLACING

218

OVERALL PLACING