

# CONGRATULATIONS!

**Sam AVERY**

**FOR COMPLETING THE SPRINT DISTANCE TRIATHLON**

*As part of the Callala Triathlon Festival 17<sup>th</sup> December 2022*

00:11:24

750M SWIM SPLIT

00:43:59

20KM BIKE SPLIT

00:24:44

5KM RUN SPLIT

01:26:34

OVERALL TIME

35-39

CATEGORY

12

CATEGORY PLACING

139

OVERALL PLACING