

# CONGRATULATIONS!

**Manon GUNDERSON-BRIGGS**

**FOR COMPLETING THE SPRINT DISTANCE TRIATHLON**

*As part of the Wollongong Triathlon Festival 21<sup>st</sup> April 2024*

00:14:01

750M SWIM SPLIT

00:40:47

20KM BIKE SPLIT

00:21:41

5KM RUN SPLIT

01:21:59

OVERALL TIME

25-29

CATEGORY

5

CATEGORY PLACING

173

OVERALL PLACING