

# CONGRATULATIONS!

**Dale PRINDABLE**

**FOR COMPLETING THE SPRINT DISTANCE TRIATHLON**

*As part of the Callala Triathlon Festival 17<sup>th</sup> December 2022*

00:11:43

750M SWIM SPLIT

00:46:31

20KM BIKE SPLIT

00:22:29

5KM RUN SPLIT

01:25:28

OVERALL TIME

20-24

CATEGORY

12

CATEGORY PLACING

134

OVERALL PLACING