

# CONGRATULATIONS!

Griffin Spicknall

FOR COMPLETING THE SPRINT DISTANCE TRIATHLON

*As part of the Callala Triathlon Festival 17<sup>th</sup> December 2022*

00:08:46

750M SWIM SPLIT

00:40:32

20KM BIKE SPLIT

00:18:17

5KM RUN SPLIT

01:11:13

OVERALL TIME

20-24

CATEGORY

4

CATEGORY PLACING

30

OVERALL PLACING