

# CONGRATULATIONS!

Jade SEIDEL

FOR COMPLETING THE SUPER SPRINT DISTANCE TRIATHLON

*As part of the Callala Triathlon Festival 17<sup>th</sup> December 2022*

00:03:17

200M SWIM SPLIT

00:18:19

8KM BIKE SPLIT

00:09:13

2KM RUN SPLIT

00:33:59

OVERALL TIME

14-15

CATEGORY

3

CATEGORY PLACING

31

OVERALL PLACING