

CONGRATULATIONS!

Liza KINSMAN

FOR COMPLETING THE TRY A TRI TRIATHLON

As part of the Hawks Nest Triathlon 25th Nov 2023

00:08:52

200M SWIM SPLIT

00:25:27

7.5KM BIKE SPLIT

00:16:44

2KM RUN SPLIT

00:55:58

OVERALL TIME

Open

CATEGORY

9

CATEGORY PLACING

10

OVERALL PLACING