

CONGRATULATIONS!

Narelle SHAFER

FOR COMPLETING THE TRY A TRI TRIATHLON

As part of the Hawks Nest Triathlon 25th Nov 2023

00:07:35

200M SWIM SPLIT

00:25:34

7.5KM BIKE SPLIT

00:15:18

2KM RUN SPLIT

00:53:27

OVERALL TIME

Open

CATEGORY

7

CATEGORY PLACING

8

OVERALL PLACING