

# CONGRATULATIONS!

## Colin BERTRAM

FOR COMPLETING THE SPRINT TRIATHLON

*As part of the Hawks Nest Triathlon 25th Nov 2023*

00:10:30

750M SWIM SPLIT

00:49:17

20KM BIKE SPLIT

00:35:13

5KM RUN SPLIT

01:40:48

OVERALL TIME

7579

CATEGORY

1

CATEGORY PLACING

209

OVERALL PLACING