

CONGRATULATIONS!

Tracey FLANAGAN

FOR COMPLETING THE SPRINT TRIATHLON

As part of the Hawks Nest Triathlon 25th Nov 2023

00:09:26

750M SWIM SPLIT

00:56:56

20KM BIKE SPLIT

00:39:40

5KM RUN SPLIT

01:53:22

OVERALL TIME

5054

CATEGORY

7

CATEGORY PLACING

226

OVERALL PLACING