

## **CONGRATULATIONS!**

## Sinead HARTE

## FOR COMPLETING THE SPRINT TRIATHLON

As part of the Hawks Nest Triathlon 25th Nov 2023

00:07:29

00:56:44

00:32:31

01:42:14

**750M SWIM SPLIT** 

**20KM BIKE SPLIT** 

5KM RUN SPLIT

**OVERALL TIME** 

2529

20

212

CATEGORY

CATEGORY PLACING

**OVERALL PLACING** 





















