

# CONGRATULATIONS!

## Cameron HESFORD

FOR COMPLETING THE SPRINT TRIATHLON

*As part of the Hawks Nest Triathlon 25th Nov 2023*

00:08:10

750M SWIM SPLIT

00:46:22

20KM BIKE SPLIT

00:38:51

5KM RUN SPLIT

01:39:39

OVERALL TIME

Clydesdale

CATEGORY

1

CATEGORY PLACING

204

OVERALL PLACING