

## **CONGRATULATIONS!**

## Kristy JONES

## FOR COMPLETING THE SPRINT TRIATHLON

As part of the Hawks Nest Triathlon 25th Nov 2023

00:07:45

00:47:13

00:33:20

01:32:27

750M SWIM SPLIT

**20KM BIKE SPLIT** 

**5KM RUN SPLIT** 

**OVERALL TIME** 

3034

11

170

CATEGORY

CATEGORY PLACING

**OVERALL PLACING** 





















