

# CONGRATULATIONS!

Van NGUYEN

FOR COMPLETING THE SPRINT TRIATHLON

*As part of the Hawks Nest Triathlon 25th Nov 2023*

00:06:21

750M SWIM SPLIT

00:34:56

20KM BIKE SPLIT

00:24:24

5KM RUN SPLIT

01:10:27

OVERALL TIME

2529

CATEGORY

4

CATEGORY PLACING

24

OVERALL PLACING