

CONGRATULATIONS!

Amy NOSIKE

FOR COMPLETING THE SPRINT TRIATHLON

As part of the Hawks Nest Triathlon 25th Nov 2023

00:09:43

750M SWIM SPLIT

01:13:37

20KM BIKE SPLIT

00:34:15

5KM RUN SPLIT

02:04:00

OVERALL TIME

4044

CATEGORY

10

CATEGORY PLACING

231

OVERALL PLACING