

# CONGRATULATIONS!

## Stefanie O'GRADY

FOR COMPLETING THE SPRINT TRIATHLON

*As part of the Hawks Nest Triathlon 25th Nov 2023*

00:07:09

750M SWIM SPLIT

00:44:01

20KM BIKE SPLIT

00:25:56

5KM RUN SPLIT

01:20:14

OVERALL TIME

3034

CATEGORY

5

CATEGORY PLACING

95

OVERALL PLACING