

# CONGRATULATIONS!

Paul PASSMAN

FOR COMPLETING THE SPRINT TRIATHLON

*As part of the Hawks Nest Triathlon 25th Nov 2023*

00:06:10

750M SWIM SPLIT

00:35:19

20KM BIKE SPLIT

00:23:35

5KM RUN SPLIT

01:08:25

OVERALL TIME

4549

CATEGORY

5

CATEGORY PLACING

16

OVERALL PLACING