

CONGRATULATIONS!

Jonathon RAMSAY

FOR COMPLETING THE SPRINT TRIATHLON

As part of the Hawks Nest Triathlon 25th Nov 2023

00:06:51

00:40:04

00:28:57

01:20:52

750M SWIM SPLIT

20KM BIKE SPLIT

5KM RUN SPLIT

OVERALL TIME

3539

8

99

CATEGORY

CATEGORY PLACING

OVERALL PLACING





















