

# CONGRATULATIONS!

## Stephen RYAN

FOR COMPLETING THE SPRINT TRIATHLON

*As part of the Hawks Nest Triathlon 25th Nov 2023*

00:05:46

750M SWIM SPLIT

00:33:25

20KM BIKE SPLIT

00:20:51

5KM RUN SPLIT

01:02:42

OVERALL TIME

4044

CATEGORY

2

CATEGORY PLACING

3

OVERALL PLACING