

## **CONGRATULATIONS!**

## Ben SAMMUT

## FOR COMPLETING THE SPRINT TRIATHLON

As part of the Hawks Nest Triathlon 25th Nov 2023

00:07:32

00:38:07

00:28:40

01:18:41

750M SWIM SPLIT

**20KM BIKE SPLIT** 

**5KM RUN SPLIT** 

**OVERALL TIME** 

3034

13

78

CATEGORY

CATEGORY PLACING

**OVERALL PLACING** 





















