

CONGRATULATIONS!

Rowan SEDGWICK

FOR COMPLETING THE SPRINT TRIATHLON

As part of the Hawks Nest Triathlon 25th Nov 2023

00:07:20

00:38:06

00:26:21

01:14:53

750M SWIM SPLIT

20KM BIKE SPLIT

5KM RUN SPLIT

OVERALL TIME

5559

4

45

CATEGORY

CATEGORY PLACING

OVERALL PLACING





















