

CONGRATULATIONS!

Rowan SEDGWICK

FOR COMPLETING THE SPRINT TRIATHLON

As part of the Hawks Nest Triathlon 25th Nov 2023

00:07:20

750M SWIM SPLIT

00:38:06

20KM BIKE SPLIT

00:26:21

5KM RUN SPLIT

01:14:53

OVERALL TIME

5559

CATEGORY

4

CATEGORY PLACING

45

OVERALL PLACING