

CONGRATULATIONS!

Declan TRAINOR

FOR COMPLETING THE SPRINT TRIATHLON

As part of the Hawks Nest Triathlon 25th Nov 2023

00:05:23

750M SWIM SPLIT

00:41:01

20KM BIKE SPLIT

00:24:44

5KM RUN SPLIT

01:15:07

OVERALL TIME

1619

CATEGORY

1

CATEGORY PLACING

47

OVERALL PLACING