

# CONGRATULATIONS!

Adam WHITE

FOR COMPLETING THE SPRINT TRIATHLON

*As part of the Hawks Nest Triathlon 25th Nov 2023*

00:07:04

750M SWIM SPLIT

00:39:49

20KM BIKE SPLIT

00:23:12

5KM RUN SPLIT

01:14:59

OVERALL TIME

3539

CATEGORY

2

CATEGORY PLACING

46

OVERALL PLACING