

# CONGRATULATIONS!

Jc Debeau Lieu

FOR COMPLETING THE SPRINT TRIATHLON

*As part of the Hawks Nest Triathlon 25th Nov 2023*

00:08:31

750M SWIM SPLIT

00:45:17

20KM BIKE SPLIT

00:32:37

5KM RUN SPLIT

01:31:07

OVERALL TIME

5054

CATEGORY

9

CATEGORY PLACING

163

OVERALL PLACING